

Old Saybrook Parks & Recreation



Spring & Summer Activities 2024

Visit our website at www.OLDSAYBROOKREC.com

Registration for all Programs begins on Monday, April 1st

T-Ball and Coach Pitch registration ends on April 4th

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PROGRAM REGISTRATION, CANCELLATION AND REFUND INFORMATION

- All recreational programs require advance registration unless noted. Programs are filled on a first come first serve basis.
- Residents and non-residents may register in person or online.
- Please note deadlines for registration as certain programs may have shorter or extended registration periods.
- If insufficient enrollment causes a class to be cancelled, notification will be given and full tuition refunded, or a credit will be given for future use.
- OSPR reserves the right to change dates, consolidate classes, and/or modify programs in order to make programs accessible to the general public.
- Late charges may be applied to registrations obtained after deadline.
- Full refunds given (7) seven days prior to start date of program.
- 50% refund will be given if cancellation occurs less than (7) seven days prior to program.
- No refund will be given to the following programs, Summer Camp, School Vacation Camps and Sport Camps, if cancellation occurs less than (7) seven days.
- Other cancelation fees may apply.
- No refund given after program starts. Athletic Leagues with OSPR are considered started once registration ends and jerseys are ordered.
- Medical conditions verified by a physician's letter will be honored and full tuition refunded, or a credit will be given for future use.
- Registration Starts at 9:00AM promptly in the office or online.
- Office Registration Accepts Cash, Check, or Credit/Debit Cards (MasterCard, Visa, Discover). Online registration is credit/debit cards only.
- Partial scholarships are available for most programs, please speak with the Director or Assistant Director for assistance.
- Non-Residents may register for select programs, at a later date and for an increased fee.

There is a \$10.00 Non-Refundable fee on all cancellation of sport camps.



OFFICE HOURS

Monday - Friday

9:00AM-4:00PM

Saturday

9:00AM-4:00PM

Sundays (until 3/24)

11:00AM-4:00PM

BUILDING HOURS

Monday- Thursday

7:00AM – 8:30PM

Friday

7:00AM – 4:00PM

Saturday

9:00AM - 4:00pm

Sunday (until 3/24)

11:00AM – 4:00PM

COMMISSIONERS

Susan Esty - Chair

Jim Henderson

Star Rueckert

Nancy Gatta

Jane Wisalowski

Elizabeth Soden

Robert Lemire

Clerk: Gerri Lewis

Staff

Ray Allen – Director

Jonathan Paradis - Asst. Director

Rick Pine- Office Manager

Tony Bielawa—Rec. Center Maintainer

Matt Hoadley & Mike Pace—Park Maintainer

Recreation Center Special Hours & Closings

Friday	March 29 th	Good Friday	Office Closed
Sunday	March 31 st	Easter Sunday	Building Closed
Monday	May 27 th	Memorial Day	Building Closed
Wednesday	June 19 th	Juneteenth	Office Closed
Thursday	July 4 th	Fourth of July	Building Closed
Shutdown Week	Aug. 19 th – 24 th	Offices OPEN	Center Closed

*** Last Sunday open for the season will be Sunday April 6th ***

Increase in Program Fees

Friends, as you may or may not know the state minimum wage has been increasing substantially over the course of the last 3 years and as a large employer of seasonal and hourly employees our department has been faced with some budgeting challenges. We do not want to cut services, reduce staffing levels or compromise our programs to close the budgeting gap. Unfortunately, this means we may need to increase the cost of our programs annually to keep up with the rising cost. We hope you will find these increases minimal; however a raise of any degree can be felt. If you have any questions regarding this message or our fees, please contact our offices. - OSPR

3- 5 Yrs. Old Programs

Life at the Beach

This class features lots of crafts projects that will focus on a Beach Theme. We will use shells, sand, stories, sea creatures and more. Class takes place at The Rec.

Saturdays: 9:30-10:15AM

Ages: 3-5yrs old

Dates: April 20th, 27th, May 4th, 11th, 18th

Fee: \$20.00

Lil' Painters Studio

Join us as we explore all the colors of the rainbow while creating fun and memorable projects. We will create fun and colorful works of art. Class takes place at The Rec.

Saturdays: 10:30- 11:15AM

Ages: 3-5yrs old

Dates: April 20th, 27th, May 4th, 11th, 18th

Fee: \$20.00

T-Ball for Beginners

Get Into the swing of spring with this great class. Learn the basics of T-Ball, running the bases, throwing, and hitting off the tee. Class will last for 4 weeks taking place in the gym at the Rec. Center. Choose one class only!!!

Age: 3-4

Fee: TBD

Dates and Sessions: TBD



Summer Soccer w/ Soccer Shots

This program is designed to combine dynamic activity with rapidly developing imagination of preschoolers. Your child will learn some basic foot skills, dribbling, passing, and shooting. Children must wear shin guards. Class takes place at the Recreation Center and lasts for 6 weeks.

Saturdays: 9:15-10:00AM or 10:15-11:00AM

Ages: 3-4yrs old or 5-6yr olds

Dates: July 6th – Aug. 10th

Fee: \$60.00



K – 4th Grade Programs

Zumba For Kids

Zumba for Kids is for ages 7 to 11. It is a dance fitness class just like mom's Zumba, but with age-appropriate music and moves, and an emphasis on feeling fearless on the dance floor.

Mondays: 3:15 – 4:00PM

Grades: 2nd - 4th

Dates: April 22nd, 29th May 6th, 13th, 20th

Fee: \$20.00

Kick Ball Club

Your Child can enjoy the great game of kickball in this fun & energetic class. A great way to get that energy out after school. Class takes place after school at Goodwin Elementary.

Wednesdays: 3:15 – 4:00PM

Grades: K – 2nd

Dates: April 24th May 1st, 8th, 15th, 22nd

Fee: \$20.00

Flag Football

Students are invited to learn the basics of flag football in a co-ed, noncontact setting. Program meets at Goodwin. Dress appropriately for outside play.

Thursdays: 3:15 – 4:00PM

Grades: 3rd & 4th

Dates: April 25th, May 2nd, 9th, 16th, 23rd

Fee: \$20.00



Summer Concert Series



<u>Date</u>	<u>Performer, Genre</u>	<u>Sponsor</u>
June 12 th	Timmy Mia, Modern R&B	OS Republican Women
June 19 th	Blind By Eight, 90's Covers	Valley Shore YMCA
June 21 st	Shorebreak, Cover Band	OSPR
June 26 th	Tony V and Company, Rat Pack and Covers	TJ's Pizza & OSPR
July 3 rd	Hitch & The Giddyup, Folk Rock	The Kate
July 5 th	What It Is, Cover Band	OSPR
July 10 th	Twangtown Paramours, Nashville Blues	JM Realty
July 17 th	Cody Bondra, Country	Vea Health Consulting
July 19 th	Kathy Thompson Band, Cover Band	Sharon Linder of BHNEP
July 24 th	US Coast Guard Band	OS Dem Town Committee
July 31 st	Old Lyme Town Band, Classical	ServiceMaster of OS
Aug. 2 nd	Acoustic Marshpit, Cover Band	Middlesex Health
Aug. 7 th	Gracie Day, Folk/Country Originals	OSPR
Aug. 14 th	Juke Box 45, Oldies	OS Republican Town Com.
Aug. 16 th	The Aquatudes, Surfer Beach Band	Penny Lane Pub & OSPR
Aug. 21 st	American Honey, Country Covers	Jack Giegerich Edward Jones



Wednesdays 6:30pm - 8:00pm on the Town Green
Bring a blanket or a chair and a picnic basket and enjoy an evening of great music!

Shows in Red are on Friday Nights at Harvey's Beach and start at 7:00pm

Outdoor Summer Facilities

Saybrook Point Mini Golf

155 College St
Old Saybrook, CT, 06475
Phone 860-388-2407

Saybrook Point



Miniature Golf

\$7.00 per Round / Call for group rates of 10 or more
Schedule

Spring Hours – May 4th - May 23rd

Friday: 4:30pm - 10:00pm

Saturday 11:00am – 10:00pm

Sunday: 11:00am - 8:00pm

Summer Hours – Memorial Day Weekend – June 9th

Sunday- Thursday 11:00AM-8:00PM

Friday & Saturday 11:AM-10:00PM

Summer Hours June 10th – Labor Day

Monday – Sunday 11:00aAM – 10:00PM

- Birthday party rates available Mon—Fri. before 4:30PM
- Senior Day (60-over)—Wednesdays 11:00AM—4:30PM Cost is \$5.00
- Kids Day (12 yrs. old & younger) Monday 11:00AM-4:30PM Cost is \$5.00
- Ice cream, Chips, soda & water available for purchase
- All Hours Weather Permitting

Splash Pad at Kavanagh Park

The splash pad is designed for toddlers to third graders with adult supervision. The 6 different elements operate on a timer that controls when each goes on and shuts off in a 4-minute cycle. Water can be turned on by hitting the top of the red post at the front right corner of the play pad. The Splash pad will be open on weekends in June until daily operations begin Memorial Day weekend, weather permitting or as posted.

Check our website for this season's hours of operation.

OSPR Beaches

Town Beach

Located on Plum Bank Rd. provides swimming and beach activities on Long Island Sound. Restrooms, Food services and Lifeguards are provided from Memorial Day through Labor Day, weather permitting. Required Resident parking passes are available at the Park & Recreation Office beginning in April and must be displayed on car at all times to park at Town Beach.

Harvey's Beach

Harvey's Beach welcomes the public and provides access to Old Saybrook's waterfront. Located on Great Hammock Rd. and Long Island Sound, it provides changing rooms, restrooms, playground, and lifeguards. Resident parking passes is required or pay a daily admission fee. It is open from Memorial Day through Labor Day, weather permitting.

Parking and Bathroom Hours - Every day - 8:00AM-5:00PM

Lifeguards – Everyday 10:00am -5:00pm



RECREATION PARKING PASS POLICY

RECREATION PARKING PASS POLICY

The Parks & Recreation Commission issues Recreation Parking Passes to residents and property owners of Old Saybrook for parking privileges at town facilities under the jurisdiction of the Commission. Listed are regulations relative to the issuance of these passes.

APPLICATION PROCEDURES

Recreation Parking Passes may be obtained in person at the Parks & Recreation Office (entrance on Sheffield St.) backside of the Town Hall. Provide current driver's license displaying Old Saybrook Address. If driver's license does not include Old Saybrook address, a suitable proof of residency such as tax bills or utility bills must be presented. Office will then check address and name against current Old Saybrook Grand List.

Note: Registered motorbikes & Golf Carts require a Rec. Parking Pass.

BUY YOUR PASSES EARLY ONLINE

Passes may also be obtained online at www.oldsaybrookrec.com. **When ordering passes online, please be aware it may take up to two(2) weeks for pass to arrive. *You cannot cancel order and pick up pass at OSPR.* Passes MUST BE affixed to driver's side of windshield using pass adhesive.**

PERMANENT RESIDENT PASSES

A maximum of two (2) Recreation Passes may be issued to each household. A fee of \$20.00 will be charged for the first pass and \$30.00 for the second pass. Veterans and Seniors (62 years+) pay \$10.00 for the first and \$20.00 for the second pass. A \$50.00 fee applies to replace lost or Stolen Passes. Recreation Parking Passes are valid for one (1) summer season at Town Beach and Harvey's Beach. **Passes are not transferable to any other vehicles! Passes MUST BE affixed to driver's side of windshield using pass adhesive.**

RENTERS PASSES

Permanent Renter = Rents year round

Seasonal Renter = Person who rents a dwelling for 5 or more weeks

Part-Time Renter = Person who rents for 1 to 4 weeks

Permanent Renters may apply for (1) Recreation Parking pass. Must have proper proof of residency I.E. proper driver's license, any bills proving residency (tax, utility etc.)

Seasonal Renters (5 or more weeks) may NOT apply for a recreational parking pass

Part-Time Renter pass will be valid for a two (2) week period. A fee of \$20.00 for the two (2) weeks will be charged. Two (2) two weeks period maximum: **Pass honored at Harvey's Beach only!** The renter's car registration is required along with rental verification (lease, agreement, etc.) to get pass.

COMMERCIAL PROPERTY OWNER PASS

Business owners who **own the commercial property in old Saybrook** where the business is located may apply for one (1) Recreation Parking Pass. Pass is honored at Town Beach and Harvey's Beach. **MUST PROVIDE VERIFICATION OF BUSINESS OWNERSHIP.**

DOCKMINIUM OWNERS

Owners of a dockminium in Old Saybrook may apply for one (1) Recreation Parking Pass. Pass is honored at Town Beach and Harvey's Beach. **MUST PROVIDE PROPER VERIFICATION OF OWNERSHIP.**

INNKEEPER PASSES

Innkeeper may purchase Innkeeper's Recreation Parking Passes upon presentation of their letterhead. A maximum of ten (10) passes will be issued. Additional passes will not be issued during the season. A FEE OF \$15.00 WILL BE CHARGED FOR EACH PASS. PASSES GOOD ONLY AT HARVEY'S BEACH. (Room key must be shown with pass)

*Establishments with less than 10 rooms may purchase passes for that number.

VISITORS

A seasonal visitor (friend-house sitting, etc. or family visitor) is NOT ELIGIBLE FOR A RESIDENT/PROPERTY OWNER PARKING PASS.

NON-RESIDENT SEASON PASS

\$150.00 (Good for one car/registration, marker number required from car registration.)

Cover Photo

This year's cover photo is from a Friday night concert at Harvey's Beach. With our Friday beach concerts now entering their 8th year, this image embodies summer in Old Saybrook. We have shows planned for Harvey's Beach this year and we hope you are able to come down and enjoy them!

Old Saybrook Recreation Parking Passes

All residents wishing to park at a town beach this summer may purchase a Recreation parking pass. To obtain a pass, please visit www.oldsaybrookrec.com or come into the Rec Center with a current Driver's License starting in April. If ordering online, passes will be mailed to your home. A Recreation parking pass allows you to park at Town or Harvey's Beach. If you do not have a pass there is a weekday and weekend fee to park at Harvey's Beach. Senior citizen rates available.



Resident Parking Pass Fees: 1st car =\$20.00 2nd car =\$30.00

Looking for Up to Date info. Follow us on our social media pages



Old Saybrook Parks & Recreation
308 Main St.
Old Saybrook, CT, 06475
860-395-3152
860-395-3154 (F)
www.oldsaybrookrec.com

"Bringing our Community together through excellence in our beaches, parks, fields, facilities and programs."

5th – 8th Grade Afterschool Programs

Stickball at MacMurray

OSPR is taking you all the way back to NYC in the 50's for some afterschool fun. We are playing stick ball on MacMurray Field. Using a tennis ball and a broom handle, we will bring the fun of baseball and the nostalgia of stickball.

Tuesdays: 2:45—3:45 PM

Dates: April 23rd, 30th, May 7th, 14th, 21st

Grades: 5th-8th

Fee: \$20.00



Flag Football

Participants will be placed in teams each week and will play outdoors. OSPR will provide flags, footballs, and fun. In the event of rain, class will take place in the gym at The Rec.

Thursdays: 2:45-3:45PM

Dates: April 25th, May 2nd, 9th, 16th, 23rd

Grades: 5th - 8th

Fee: \$20.00

Friday Fishing at Town Park

What better way to end the week than an hour of fishing outdoors! Join OSPR at Crystal Lake from 3:00pm – 4:00pm. This program will focus on how to set up your pole, cast and reel in the big ones. You can bring your own pole, or we can provide one for you. Only 8 spots are available for this great program.

Fridays: 3:15-4:15PM

Dates: May 3rd, 10th, 17th, 24th

Grades: 5th-8th

Fee: \$30.00

Soccer Clinic for Middle Schoolers

Join student athletes from OSHS London Sweeney & Kevin DeCapua for 3 sessions of soccer drills and more. This camp will focus on passing, dribbling, and shooting in addition to how to prepare for high school sports. Participants are asked to bring water, cleats, and shin guards. This program will take place at Ferry Rd.

Dates: TBD

Grades: 5th-8th

Fee: FREE

Teen Center

Teen Center Hours

5th Grade – Friday Afternoons 2:35pm-4:00pm

6th-8th Grade – Mon. – Thurs. 2:35pm-5:30pm FNTC 7:00pm-9:30pm

*Half day hours begin at 11:55am

Friday Night Teen Night (FNTC)

Each Friday Night, OSPR provides a safe and fun environment for 6th-8th graders. Whether it's utilizing the gym, playing a game of pool, or simply socializing with friends, the Teen Center is open! As the warmer weather approaches, we have some great events lined up, so don't miss out!

- 3-on-3 Co-Ed Basketball Tournament -Friday, March 22nd
- Tournament of Champions – April 19th
- Dodgeball Tournament -May 17th
- 8th Grade Goodbye BBQ -Friday, June 7th

Friday Nights: 7:00-9:30pm

Non-Members: \$5.00 per Friday

****Teens must sign-in upon arrival and will not be allowed to leave unless a parent/guardian picks them up or provides permission for them to leave****

April Vacation Teen Center

During April Vacation, the Teen Center will be open from Monday April 8th- Friday April 12th from 12:00PM – 5:00PM. All students in grades 6th -8th are welcome to attend.

OSPR Spring Specials

School's Out Vacation Camp K – 5th Grade

Looking for something fun and exciting for your child to do while school is out? Your child can enjoy activities such as tag games, dodge ball, Arts –n- Crafts, movies and more. Please bring a snack, lunch and active clothes. Program is held at the Recreation Center. A special field trip will be planned. **Space is limited. Sign up early!!**

Dates: Mon. – Fri. April 8th – 12th

Ages: K – 5th Grade

Times: 9:00AM – 4:00PM

Fee: \$150.00 for the Week

Teen Center is open Noon – 5:00pm 6th – 8th ONLY

Easter Egg Hunt

Join us for this fun event to find different pieces of wrapped candy and prizes. Three different fields around the Recreation Center will be used for the kids to hunt. Age groups will be 2-4 yrs. olds on McMurray Field, 5yr olds - 1st graders on the Middle school field, and 2nd & 3rd graders on the Town Green. Please bring a basket to put the goodies in. Don't forget to bring a camera to take pictures with the Easter Bunny. Sponsored by Old Saybrook Lions Club.



Date: Saturday, March 23rd

Fee: FREE

Hunt Times: 2-4 yrs. olds 11:00AM

5yr - 1st Grades 11:15AM

2nd & 3rd Grades 11:30AM

Annual Rock Hunt at Town Park

It's time to go rock hunting!! This fun annual event will be held at Clark Community Park on Schoolhouse Rd. The Hunt will begin at 10:00AM (sharp). Hunters in grades 4th-6th are invited to search the woods for painted rocks which can be traded in for gift certificates, candy prizes and more. Anyone up for the challenge should show up on time with a bag or bucket to collect the rocks. Please sign up online or in the office for this event to give us an idea of numbers.

Date: Friday, March 29th

Grades: 4th–6th

Time: 10:00AM

Fee: FREE

11th Annual Ray Dobratz Fishing Derby

Join us for a fishing derby at Crystal Lake at Clark Community Park on Schoolhouse Rd. Who will get the biggest catch of the day? Children age 5-15 can be accompanied by a family member in this great derby which kicks off the fishing season. The lake will be stocked with trout for all to enjoy. Prizes will be awarded for biggest fish caught. Coffee, hot chocolate & donuts will be served in the morning and Hotdogs will be available later in the morning. Register by April 25th.

Date: Saturday, April 27th

Fee: \$5.00 per person

Time: 7:00-10:00AM **OS Residents Only - Participants 16+ bring valid fishing license.**



Spring T-Ball for Kindergarten

Kindergarten T-Ball

OSPR T-Ball program is designed to teach skills, encourage teamwork, provide fun, and to build self-esteem. Tee ball is a fundamental step to playing baseball and softball. Participants will have one practice per week and play games on Saturdays.

Saturdays: 10:00 or 11:15AM

Grades: 5 yrs. olds - K

Dates: May 4th – June 8th

Fee: \$50.00



Our league is sponsored by:



Registration deadline is Thursday, April 4th. Coaches are needed!!!

Coaches meeting will be Thursday, April 18th at 5:30pm at the Rec.

High School Soccer Programs

Young Adult Co-ed Futsal Soccer League

This futsal league at the Rec. will consist of 6 wks. of games, and the 5v5 play, with no goalies, makes this a fast and fun league. Sign up soon!!

Tuesdays: 5:30 – 6:30PM

Grades: 9th-12th

Dates: 4/2 – 5/14 No games on 4/9

Fee: \$25.00

Summer Soccer Leagues - Boys and Girls

Back for its 8th year, we bring to you our summer soccer league for any high school student entering grades 9th through 12th. This fun, yet competitive league will be pick up style, with teams forming on the fly. This league will be a great way to prepare for the upcoming season, or just have a good time playing during the summer! All games will take place at Ferry Rd.



Boys – Tuesdays: 6:00-8:00pm June 25th – Aug 13th

Girls - Wednesdays: 6:00-8:00pm June 26th - Aug. 14th

Grades: 9th-12th **Fee:** \$25.00

Golf Lessons at Fenwick Golf Course

Know it all or need help improving your game, OSPR is proud to work with Fenwick Golf course to offer golf lessons at the Ryder Cup Course. These lessons will cover 130 yards and down, irons and approaches, putting and how to improve your swing. Instructed by Matt Lachance of Fenwick Golf Course.



Week 1 – 60min / Weeks 2 & 3 - 90 Min / Week 4 – 120 Min and Match Play

Location: Fenwick Ryder Cup Course

Fee: \$100 RES / \$125 Non-RES

Tuesdays: 5:30pm

Date: May 7th, 14th, 21st, 28th

Saturdays: 8:00am

Dates: May 4th, 11th, 18th, June 1st

Adult Programs and Activities

Gentle Yoga

A Unique class designed to truly introduce you to your body and all the amazing movements it is capable of. Explore your flexibility to both beginners and experienced. Lots of modification is offered. Sign up and do something healthy for yourself. Class takes place on Monday's and Thursdays at The Vicki G. Duffy Pavilion at Saybrook Point.

Time(s): 10:00AM **Ages:** 18+

Fee: \$75/\$90 Res/Non-Res

Session 5: April 4th – May 13th

Session 6: May 16th – June 27th *no Class on Monday, May 27th

Session 7: July 1st – Aug. 12th *no Class on Thursday, July 4th

Session 8: Aug. 15th – Sept. 26th * no Class on Monday, Sept. 2nd

Wednesday Evening Yoga w/ Terri *Class meets at The Vicki G. Duffy Pavilion*

Spring Session: 6:30-7:30PM

Dates: April 3rd – May 29th

Beach Yoga w/ Terri Cain at Harvey's Beach

Wednesday: 6:00-7:00pm

Age: 18+

Dates: June 5th – Aug. 7th

Fee: \$75/\$90 Res/Non-Res

LYT Yoga® with Thia

The LYT Yoga® method is a core based vinyasa practice to improve our movement in life. The LYT method addresses these imbalances so that our yoga practice can

be safer, create better movements patterns by remapping our brain's tendencies, and connect us to our core to make us feel more energetic and alive! Instructions provided for all levels.



Sundays: 9:00-10:00AM

Ages: 16 and over

Fee: \$60.00/\$75.00

Session 4: March 17th – May 5th

Session 5: May 12th – July 7th No Class May 26th

Session 6: July 14th – Sept. 1st

Gentle LYT Yoga® with Thia

This 8-week, evening program will have 40 minutes of slow flow followed by 20 minutes of meditation. Please bring two blocks and a firm yoga blanket.

Tuesdays: 7:00-8:00PM

Ages: 16 and over

Fee: \$60.00/\$75.00

Session 4: April 30th – June 18th

Session 5: June 25th – Aug. 13th

Session 6: August 20th – Oct. 8th

Restorative Yoga on The Green w/ Cheryl Miller

This gentle yoga class will incorporate grounded movement, restorative poses, and pranayama (or breath) exercises. Each class will conclude with an extended Savasana (relaxation pose). Participants will have an opportunity to slow down, fully experience each pose, and release tension from their body and mind. Participants should bring a yoga mat and a beach towel or blanket. Yoga blocks are helpful if you have them.

Thursdays: 5:30-6:30PM

Ages: 16+

Dates: May 23rd – June 27th

Fee: \$50.00/\$75.00



Summer Camps – 4yrs old through 4th Grade

Junior Playground Camp at The Rec. (Age 4 - Kindergarten)

This Fun program will provide a variety of different activities: outdoor games, watercolor, collages, story time, water games, playground play, trips to the splash pad, and many more exciting activities. Children MUST be potty trained. Program is held M-F, from 9:00AM–12:00PM at The Rec Center.

Session 1	06/17 – 06/21		\$90.00
Session 2	06/24 – 06/28		\$90.00
Session 3*	07/01 – 07/06	*No Camp 07/04*	\$80.00*
Session 4	07/08 – 07/12		\$90.00
Session 5	07/15 – 07/19		\$90.00
Session 6	07/22 – 07/26		\$90.00
Session 7	07/29 – 08/02		\$90.00
Session 8	08/05 – 08/09		\$90.00
Session 9	08/12 – 08/16		\$90.00

Park & Rec Summer Camp 1st-4th Grade

Sessions are open to all residents entering 1st -4th Grade. Summer camp is a series of one-week programs that will feature field games, sport activities, arts-N-crafts, trips, and special events. Program takes place Monday-Friday 9:00-4:00PM at the Rec Center.

Session 1	06/17 – 06/21	World Class Frisbee	\$130.00
Session 2	06/24 – 06/28	Ed Popielarczyk: Magician	\$130.00
Session 3*	07/01 – 07/05	Speed Stacks*No Camp 07/04*	\$120.00*
Session 4	07/08 – 07/12	Showtime Steve	\$130.00
Session 5	07/15 – 07/19	Circus Moves	\$130.00
Session 6	07/22 – 07/26	Matt Matthews Magic	\$130.00
Session 7	07/29 – 08/02	Judi Jones: Hula Hooping	\$130.00
Session 8	08/05 – 08/09	A Place Called Hope w/ Ranger Russ	\$130.00
Session 9	08/12 – 08/16	New England Rendokan	\$130.00

Tuesday

Harvey's Beach

Wednesday

Mini Golf

Thursday

In-House Entertainment

Color Wars

The last week of camp (**Session 9**) will be our 11th Annual Color Wars Week. This week the campers are split up into teams and will have games and activities throughout the week as part of the Color Wars. On Friday, Color Wars ends with an Olympic style opening ceremony and tournament with the winner announced during the closing ceremony on Friday Afternoon.

Before Camp & After Camp Care 1st-4th Grade

The Park & Recreation Department will offer a Before & After Camp Care program. These extra hours are designed to provide supervision to youth in grade 1st – 4th who need extended camp hours. We will staff from 8:00 –9:00am and After Care will be available from 4:00 – 5:30 p.m. Staff is not on duty before 8:00 a.m. or after 5:30 p.m.

Before Care: 8:00am-9:00am **Fee:** \$25.00

After Care: 4:00pm-5:30pm **Fee:** \$30.00

Counselor In Training (CIT) Volunteer 1st-4th Grade Camp

Children who are going into 9th- 11th grade can "work" as a CIT in our 1st-4th grade camp. As a Counselor In Training, they will aid the main staff in providing care for the children. Basic duties include set up/breakdown of games, bathroom breaks, group supervision on trips, being active in games, and much more.

Monday-Friday: 9:00am-4:00pm **Fee:** \$20.00

Teens Trips 7th -12th Grade

Beardsley Zoo, Bridgeport, CT

Beardsley Zoo is celebrating 100 years this summer and we will be there to join in the festivities and celebration! With over 100 species of animal, including an Amur Tiger, we are sure to have a great day at the Zoo. Pack a lunch as we will eat at the zoo with the peacocks.

Date: Thursday, June 20th

Leave Old Saybrook P&R: 9:15am

Cost: \$60.00

Return approximately 3:00pm



Adventure Park, Bridgeport, CT

Zip line your way to the ropes course for this trip! We are trying something new!

Date: Thursday, June 27th

Leave Old Saybrook P&R: 9:15am

Cost: \$60.00

Return approximately: 4:00pm

CT Science Center, Hartford, CT

We are headed to CT's premiere Science Center for a day full of exploring and hands on fun.

Date: Wednesday, July 3rd

Leave Old Saybrook P&R 9:15am

Cost: \$60.00

Return approximately 3:00 p.m.

WNBA CT Sun, Uncasville, CT

Come join us for CT Sun Camp Day at Mohegan Sun Arena as we watch the WNBA CT Sun take on Atlanta. Tip-off is at 11:30am; please make sure to bring some extra money for a snack during the game.

Date: Wednesday, July 10th

Leave Old Saybrook P&R: 9:15am

Cost: \$60.00

Return approximately: 3:30pm



Brownstone Exploration & Discovery Park, Portland CT

A day of adventure at the park with access to floating water toys, trampoline, water slide and cliff jumps. Pack a lunch and plenty of sunscreen!

Date: Tuesday, July 16th

Leave Old Saybrook P&R: 9:15am

Cost: \$60.00

Return approximately: 4:00pm



SkyJump, Trumbull, CT

Trampoline courts, basketball, foam pits, arcade, and so much more!

Date: Thursday, July 25th

Leave Old Saybrook P&R: 9:15am

Cost: \$60.00

Return approximately 3:00

Thimble Island Cruise, Branford, CT

Join us for a day on the water as we set sail aboard the Sea Mist and tour the beautiful Thimble Islands.

Date: Thursday, August 1st

Leave Old Saybrook P&R: 9:15am

Cost: \$60.00

Return approximately: 2:00pm

Lake Compounce, Bristol, CT

Bring your bathing suit, towel, lots of sunscreen and prepare yourself for a load of fun.

Date: Thursday, August 8th

Leave Old Saybrook P&R: 9:15am

Cost: \$60.00

Return approximately: 5:00pm



Mystic Aquarium, Mystic, CT

Enjoy a fun day at the Aquarium! We will see a live sea lion show, meet the beluga whales, and visit the touch tank. Pack a lunch as we will have an outdoor picnic.

Date: Thursday, August 15th

Leave Old Saybrook P&R 9:15am

Cost: \$60.00

Return approximately 3:00 p.m.



Summer Camps – 5th through 8th Grade

Middle School Summer Camp 5th-8th Grade

Register for camp this summer and enjoy a week of fun & games! Camp is Monday through Friday and meets at Clark Community Park (Town Park on Schoolhouse Rd) from 9:00AM– 4:00PM. Space is limited.

Session 1	06/17 – 06/21	Beardsley Zoo	\$175.00
Session 2	06/24 – 06/28	Adventure Park	\$175.00
Session 3	07/01 – 07/06	CT Science Center	\$150.00
Session 4	07/08 – 07/12	WNBA	\$175.00
Session 5	07/15 – 07/19	Brownstone	\$175.00
Session 6	07/22 – 07/26	SkyJump	\$175.00
Session 7	07/29 – 08/02	Thimble Island Tours	\$175.00
Session 8	08/05 – 08/09	Lake Compounce	\$175.00
Session 9	08/12 – 08/16	Mystic Aquarium	\$175.00

Trips for each session

Tuesday	Wednesday	Thursday	Friday
Rec. Center	Mini Golf & Beach	Special Trip	Water & Fishing

Summer Sports

Summer Ball w/ OSBC – Skills and Play

OSPR is partnering with the Old Saybrook Basketball Club for 6 weeks of Thursday night basketball at The Rec. OSBC is bringing guest coaches from the area each night to work on skills, before we start an hour of game play. There will be shooting coaches, college players and high school varsity coaches teaching each week. This is FREE, but registration is required.



Thursdays: 5:00-7:00PM

Grades: 4th-8th

Dates: June 20th – Aug 1st *no class on 7/4*

FREE

Wins 4 Life Basketball Camp

This camp is for children entering grades 4th-8th. Instruction will be provided by Wins for Life. Individual attention and instruction will be at a premium and delivered via the *WINS Four E's* (Effort, Energy, Enthusiasm, Execution). Our clinics feature teaching key basketball fundamentals and an array of skills, such as ball-handling, passing, shooting, cutting, one-on-one moves and creating scoring opportunities. Camp will meet at the Rec. and will use both the gym and outdoor courts.

Mon-Thurs: 5:00-7:00PM

Grades: 4th-8th

Dates: August 12-15

Fee: \$75.00



Summer Sports

CAS Soccer Camps

Community Athletic Solutions introduces soccer in a fun filled environment. Players learn the fundamentals through soccer-based activities. Camp for 7-13yr olds teaches fundamentals of soccer through a range of activities. Campers will enjoy playing soccer games, tag games and more. Camp will take place at OSHS and move inside in the event of Rain. Sneakers if indoors.

Monday – Friday: June 24th-28th

Ages 7-13Yr Olds

Times: 9:00AM-12:00PM

Fee: \$110.00



Jr's & Youth Tennis Camp

Instruction will take place using shorter, lighter racquets, slower and lower-bouncing balls, and smaller court dimensions, making the learning process easier and a lot more fun. The emphasis is on basic hand-eye coordination, movement, and making kids' first experience fun, easy, and successful. Instruction will include the fundamentals of tennis through play-based activities and skills progression. Please bring your own racquet.



Trask Park Mon - Thurs

Ages: TBD

Dates: TBD

Fee: TBD

Times: Jr.'s Camp TBD, Youth Camp - TBD

Field Hockey Camp

Join collegiate athletes McKenna Gibson & Wendy Bowden of the University of St. Josephs for four nights of field hockey at the Rec. This clinic will focus on the skills needed to play at the middle school level and prepare yourself to play in high school. Players are asked to bring their own stick if you own one and a water bottle.

Mon-Thurs: 5:00-7:00PM

Grades: 5th-8th

Dates: July 8th-11th

Fee: \$50.00

Speed and Agility Camp

Get in shape before your fall sports start with our new Speed & Agility Camp. Participants will learn proper warm up stretch and cool down, running techniques using quick feet agility drills and body weight exercise circuits and fun fitness games. Instructed by certified Personal trainer and collegiate coach Jillian Temple. Players are asked to bring a water bottle.

Mon-Thurs: 5:30-6:30PM

Grades: 4th-8th

Dates: Aug. 5th-8th

Fee: \$50.00

LAX Camp with Jill Temple

Keep your lacrosse stick in your hands this summer with us. Participate in different drills to improve or learn fundamentals, position work, footwork, and fun game play. Goalies are welcome. Great instruction from college coach/ players

Needed: goggles, mouth guard, water bottle, stick. Coached by NCAA DII Coach, Jillian Temple.

Players are asked to bring a water bottle.

Mon-Thurs: 5:30-7:00PM

Grades: 5th-8th

Dates: July 15th-18th

Fee: \$50.00



Adult Programs and Activities

Adult Co-Ed Recreational Softball League

League play for adults 21 yrs. and up begins June 17th. Teams will play up to twice a week for 10 weeks. Parks & Rec. will be accepting rosters as of April 1st. Teams provide scorebooks, umpires, and a ball for each game. League plays on Mondays through Thursdays in town. There will be a MANDATORY captain's meeting prior to the season.

Cost: \$75.00 per team.

Pick-up Basketball Times

Come Down to the Recreation Center and play some great, pick-up basketball. Residents may bring a non-resident guest for a \$2.00 fee.

Tuesdays begin on April 9 – Sept.

Mon, Tues, & Wed: 18 & Over **Time:** 7:00-8:30PM

Fitness w/ Jill Temple

Let's get fit and have fun! Start your day strong with Jill Temple and her beach fitness class at Town Beach or end your day on the Town Green. These classes will get your body moving and your heart pumping to reach your fitness goals. We will be performing all body weight exercises and a little cardio sequence. All you need to bring is a beach towel/yoga mat and water.

Fee: \$100.00/\$125.00

Ages: 16+

Beach Wed & Fri Mornings: 6:00-6:45AM

Dates: June 5th-July 12th, July 17th - August 23^r or Aug. 28th – Oct. 4th

Town Green Afternoons

Tues/Thurs: 6:00-6:45PM **Dates:** July 9th – Aug. 15th and Aug. 20th – Sept. 26th



Summer Movies Nights

In our 7th year of Summer Movie Nights, we are offering three movies on the Town Green. All the movies will take place on a Friday evening, shows will start as soon as it is dark enough to view.

<u>Date</u>	<u>Location</u>	<u>Movie</u>	<u>Sponsor</u>
6/28 – 8:30pm	Town Green	Elemental	H&R Block
7/26 – 8:15pm	Town Green	Guardian of the Galaxy Vol 3	
8/9 – 8:00pm	Town Green	Super Mario Brothers	

Summer Movies Nights are sponsored by:

**LITTLE
PUB**
100% CHANGE OF FOX

Summer Movie Nights



Celebrate Saybrook Street Party



CELEBRATE SAYBROOK

STREET PARTY

COME CELEBRATE SAYBROOK WITH A DAY OF
LIVE ENTERTAINMENT, FAMILY FUN,
SHOPPING, DINING, AND MORE!

 SUNDAY, JUNE 23, 2024

 2:00 - 7:00 PM

 MAIN STREET, OLD SAYBROOK



GREATER
Old Saybrook
Chamber

fromyouflowers.com

After an amazing party last summer, we are thrilled to announce the 2nd Annual Celebrate Saybrook Street Party on Sunday, June 23rd from 2:00-7:00pm.

We have two stages, 5 bands and more vendors, more entertainment, and more food vendors!!

SAVE THE DATE

6/23/24

Pickleball

Adult Pickleball – OPEN PLAY

Pickleball is a great program to be active and have fun at the same time. We offer two programs for open play, one for Beginners and one for Intermediate players. Those who have never played before are advised to take our lessons prior to joining open play programs. Players must play for a year in our beginner's program before they advance to our intermediate play. Programs take place at the Main. St. courts.



Intermediate Play

Mon & Thurs: 8:00am - 9:30AM or 10:00am - 11:30AM **Fee:** \$25.00

Sessions: May 16th – July 18th, or July 22nd – Sept. 12th

Beginner Play

Wed: 9:30AM-11:00AM **Fee:** \$15.00

Sessions: March 13th – May 1st, May 8th – June 26th or July 3rd – Aug. 21st

Saturday All Levels - 9:00AM-11:00AM **Fee:** \$25.00

Sessions: April 13th – June 8th, June 15th – Aug. 3rd or Aug. 10th – Oct. 5th

Instructional Pickleball Lessons

These programs will teach the skills and strategies of the sport based on your skill level. These are programs for anyone who is just starting or has yet to master the sport. Class is instructed by Wayne Quain and takes place at the Main St. Courts.

Tuesdays: Beginner -9:30-10:30am Advanced Beginner – 10:30-11:30am

Ages: 18+ **Fee:** \$75.00

April 9th-30th, May 14th – June 4th, June 18th – July 9th, July 23rd – Aug. 13th

Summer Pickleball Recreational Doubles League Play

We are back for season 3 of mixed doubles pickleball at the courts on Main St. This year the teams do not need to be co-ed but based on skill. Each teammate must register separately to compete. This is a co-ed, friendly league focusing on play, socializing, and getting outdoors. There will NOT be refs, you will make your own calls. You will play at least one match a week at a pre-determined time. The number of games is dependent on teams registered. Balls will be provided; participants will need a paddle.



Beginners: Monday Evenings – June 3rd – August 19th

Intermediate: Wednesday Evenings – June 5th – August 21st

Ages: 30 + **Fee:** \$75.00 per person

Meet Wayne (Weimin) Qian

Instructor Wayne Qian is a Professional Pickleball Registry (PPR) Certified Coach. He began playing in 2016 and is still playing and competing in tournaments. He has won multiple medals, including 3 gold at men's double 4.0 level. Wayne's pickleball experience, knowledge of the game, passion for people, and love of teaching are evident in all his lessons and programs. In addition to OSPR, Wayne is a Pro Instructor at Lyme Shores Racquet Club in East Lyme, CT as well as with New London Park & Recreation.



Fishing and Crabbing in Old Saybrook

Crystal Lake at Clark Community Park – Opening day is the 2nd Sat. in April at 6:00am. In this freshwater lake there are trout, catfish, bass, pickerel, sunnies and much more wildlife.

Gardiner's Landing & The Cause Way @ Saybrook Point – These two locations offer access to the mouth of the CT River. Fish common in this area include striped bass, blues, fluke, black fish and sea bass.

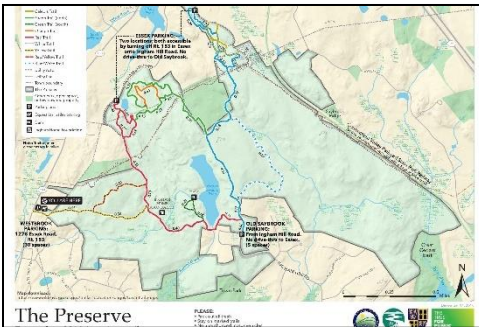
Crabbing at Sheffield St. Dock in North Cove and Oyster River

– These two locations offer great opportunities for crabbing later in the season as the waters in the Long Island Sound and CT River Estuary warm in late June through early September. Blue crabs must meet certain sizes in order to keep them and blue crabs with eggs are illegal to keep.

Any angler 16 years and older, you must hold a valid CT fishing license. For more information on fishing or crabbing in Old Saybrook and CT, please visit www.ct.gov/deep



Trails in Old Saybrook

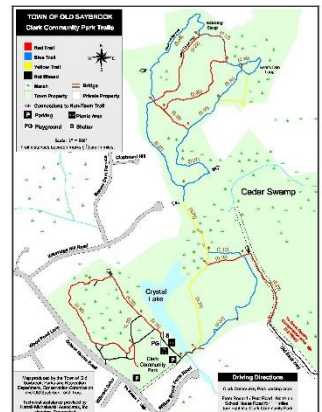


The Preserve

The interim trails of The Preserve have been set and are ready for use. The main parking lot is located on Essex Road (Rt154) in Westbrook. There is room for several cars in the small parking lot on Ingham Hill Rd in Old Saybrook.

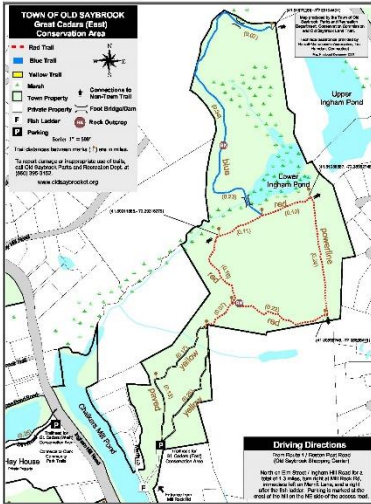
Clark Community Park

More fondly referred to as Town Park, Clark Community Parks on Schoolhouse Road offers a wide variety of activities including softball and baseball fields, fishing at Crystal Lake and miles of hiking trails. Marked as either red, blue or yellow, these trails connect with other properties to create a vast trail system in Old Saybrook.

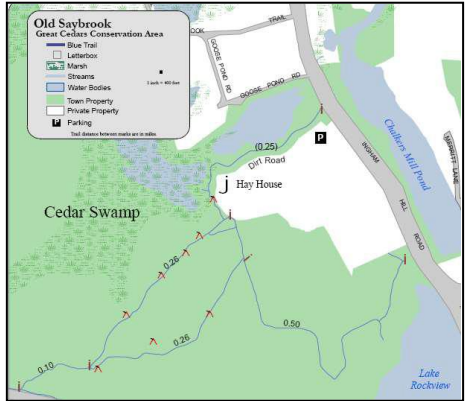


Trails in Old Saybrook

Great Cedars East & West

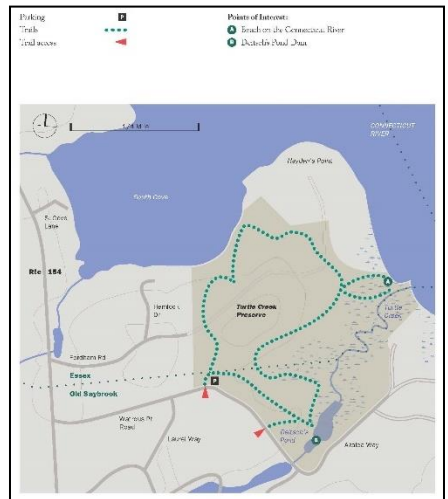


Great Cedars East and West are located off of Ingham Hill Road and offer some great trails that connect to The Preserve and Clark Community Park. Great Cedars East is home to our 1 mile Letterboxing Trail, which contains 10 stamp stations.



Turtle Creek

While this property is not owned by the Town of Old Saybrook, Turtle Creek offers some very nice, well maintained trails that lead out to the Connecticut River. Nestled in the Otter Cove area of town sitting on the border between Old Saybrook and Essex is roughly 93 acres of preserved land.



For more information, please visit our office or our website at www.oldsaybrookrec.com. You can pick up printed copies of each map at our office or online.

National Trails Day

National Trails Day is the only nationally coordinated event designed to unite all muscle-powered trail activities with the goal of connecting more people to trails. Every trail beckons adventure and has a story to share with any person willing to discover it, and American Hiking Society believes these trail experiences can improve the lives of every American.



Each year, on the first Saturday of June, American Hiking Society and the trails community invite Americans of all ages and abilities to find their own adventure and discover their unique story at one of the thousands of events hosted throughout the country.

By coordinating a wide array of trail activities on a single day, National Trails Day attracts new trail users and helps connect existing trail enthusiasts with local clubs and organizations with the hopes of creating trail advocates and stewards.



CT Trails Weekend & Old Saybrook Events

Hike in The Preserve

Explore The Preserve State Forest in this moderate to brisk paced hike over rolling trails. Trails are rocky and walking sticks are helpful. There will be three stops to observe flora, fauna, and geological features. Meet at 8 a.m. Parking lot located at 1278 Essex Road in Westbrook. Bring water and insect protection, and wear boots. Ages 12 and older. No dogs, please. Heavy rain cancels. Call leader Kathy Connolly for more information. 860-510-2136.

Saturday 8:00-10:30AM

Age: Open to All

Date: June 1st

Fee: FREE

Causeway Walk

Join us at Saybrook Point to take advantage of them. We will meet at Fort Saybrook Park and walk 1.5 miles to the start of Fenwood Beach where we will take in some views of Long Island and then head back to the Point. We will walk across the Causeway with views of South Cove and the CT River and beautiful Fenwick Golf Course. This walk is 3 miles in total. Please wear appropriate attire and bring some water and snacks.

Sunday: 10:45AM

Age: Open to all

Date: June 2nd

Fee: FREE

Strategic Plan, Parks, and Facility Updates

Bleachers, Scoreboard and Bullpens, Oh My!!



We are thrilled to share several upgrades we made at three parks and our ball fields. We have gotten rid of our old wooden bleachers at Kavanagh Park and replaced them with new metal risers with side fencing for safety.

At Clark Community Park our bullpens received a complete renovation and are ready for the season. Our old bullpens were dug up, new subsoil installed along with a weed and grass barrier and topped with compacted stone dust, these bullpens should last for many seasons. Special thank you to the Department of Public Works for their hard work and support of our community!

The most notable upgrade at our fields this offseason is the new scoreboard at MacMurray Ball field. We cannot wait for the new season and the kids to enjoy the upgrades! Plaaaaay Ball!!!!



New Kiosk at Clark Community Park

We are thrilled to share our new kiosk at Clark Community Park which will house trail maps, disc golf course maps and rules as well as other information pertinent to the use of our park. Special thank you to Matt Ferrucci who designed and built our kiosk.

Cupcake Decorating Classes

We have teamed up with The Great British Cupcake to offer two classes of Cupcake Decorating at The Rec. Center. You can expect some great themes for both our spring and summer sessions. Youth will each decorate 6 amazing cupcakes, and YES!! They will come out that good!!

We will also have two adult evenings planned for you to create a beautiful multi-level cake. Everyone will get to take them home to enjoy. All supplies are included.

Youth -Saturday: 1:30-3:30pm

Dates: May 18th or July 27th

Adult -Thursday: 6:30-8:30pm

Dates: May 30th or July 18th

Grades: 1st-6th

Fee: \$50.00

Grades: 1st-6th

Fee: \$75.00



Trails Run at Clark Community Park

OLD SAYBROOK
OSPR
PARKS AND RECREATION

THE CLARKS TRAIL RUN

Saturday, August 10, 2024

race options:

15K (ish) | 4 Mi (ish)

9:00 am
Clark Community Park
164 School House Rd,
Old Saybrook, CT

presented by
College Planning Partnerships
soundRUNNER

for detailed race information

Jonathan Paradis | (860) 395-3152 | www.clarkstrailrun.org

\$35 Prior to August 10th | \$45 Race Day

All proceeds benefit OSPR pre-k and after school enrichment programs



register at www.clarkstrailrun.org

Register in person at OSPR | 308 Main St. (behind the Town Hall) Old Saybrook, CT 06475

**Thank you to Zac of College Planning Partnerships and
all of our sponsors!**